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# 2025 TRAINING PROGRAMS



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#### Occupational Health and Safety (OHS)

- 1. Workplace Health & Safety Essentials
- 2. Hazard Identification & Risk Assessment
- 3. Emergency Preparedness & Fire Safety
- 4. Construction Site Safety Management
- 5. Ergonomics in the Workplace
- 6. Incident Investigation and Reporting
- 7. First Aid and CPR Certification
- 8. Safety Leadership and Culture
- 9. Chemical and Hazardous Materials Safety
- 10. Personal Protective Equipment (PPE) Training

#### Finance & Accounting

- 11. Finance for Non-Finance Managers
- 12. Budgeting and Forecasting Techniques
- 13. Financial Statement Analysis
- 14. Cash Flow Management
- 15. Internal Controls and Audit Readiness
- 16. Costing and Pricing Strategies
- 17. Business Tax Essentials
- 18. Corporate Finance and Investment Analysis
- 19. Understanding Financial Ratios
- 20. Strategic Financial Planning



#### Retirement Planning & Wealth Building

- 21. Retirement Planning: Building a Secure Future
- 22. Pension Fund Management
- 23. Personal Financial Planning
- 24. Investment Strategies for Beginners
- 25. Creating Multiple Income Streams
- 26. Estate Planning Basics
- 27. Retirement Risk Management
- 28. Financial Literacy for Employees
- 29. Tax-efficient Retirement Planning
- 30. Building Wealth Through Real Estate



#### Leadership, Management & Performance

- 31. Effective Leadership and People Management
- 32. Change Management and Organizational Transformation
- 33. Emotional Intelligence at Work
- 34. Conflict Resolution and Negotiation Skills
- 35. Time and Priority Management
- 36. Strategic Thinking for Leaders
- 37. Coaching and Mentoring Skills
- 38. Communication Skills for Managers
- 39. Performance Management Systems
- 40. Balanced Scorecard: Strategy Execution & Measurement



#### Human Resources & People Development

- 41. HR for Non-HR Professionals
- 42. Talent Management and Succession Planning
- 43. Diversity, Equity & Inclusion (DEI) Training
- 44. Labor Laws and Employee Rights
- 45. Employee Engagement and Retention Strategies
- 46. Competency-Based HR Planning
- 47. HR Metrics and Workforce Analytics
- 48. Managing Poor Performance Legally
- 49. Psychological Safety in the Workplace
- 50. Developing a Culture of Feedback

#### **Communication Skills**

- 51. Business Writing and Email Etiquette
- 52. Presentation and Public Speaking Skills
- 53. Assertive Communication Skills
- 54. Active Listening and Empathy at Work
- 55. Communicating Under Pressure
- 56. Cross-Cultural Communication
- 57. Nonverbal Communication and Body Language
- 58. Influencing Without Authority
- 59. Communication Strategies for Remote Teams
- 60. Difficult Conversations in the Workplace

## Team Synergies & Collaboration

- 61. Building Synergies for High-Performing Teams
- 62. Enhancing Cross-Functional Collaboration
- 63. Trust-Building for Remote and Hybrid Teams
- 64. Creating Shared Purpose and Team Vision
- 65. Conflict Management in Team Environments
- 66. Strengthening Team Communication Styles
- 67. High-Performance Team Dynamics
- 68. Inclusive Team Culture Development
- 69. Virtual Team Engagement Strategies
- 70. Team Roles and Belbin Theory Workshop

### Technology & Digital Skills

- 71. Digital Transformation for Non-Tech Professionals
- 72. Cybersecurity Awareness for Employees
- 73. Microsoft Excel for Financial Analysis
- 74. Data Visualization with Power BI
- 75. Introduction to Artificial Intelligence in Business
- 76. Project Management Tools: Trello, Asana, Jira
- 77. Agile and Scrum Fundamentals
- 78. Data-Driven Decision Making
- 79. Introduction to Google Workspace Tools
- 80. Managing Digital Files and Productivity Tools







### Compliance, Risk & Quality Management

- 81. ISO 45001 Occupational Health and Safety Management
- 82. ISO 9001 Quality Management Systems
- 83. Risk Assessment and Mitigation Strategies
- 84. Business Continuity and Disaster Recovery Planning
- 85. Anti-Corruption and Bribery Compliance
- 86. ESG Reporting and Sustainability Practices
- 87. Internal Auditing and Control Frameworks
- 88. Legal Compliance in Operational Environments
- 89. Data Privacy and GDPR Essentials
- 90. Quality Assurance and Continuous Improvement

#### Personal Development & Productivity

- 91. Time Management and Workload Prioritization
- 92. Stress Management and Employee Wellbeing
- 93. Critical Thinking and Problem-Solving
- 94. Personal Goal Setting and Motivation
- 95. Negotiation and Influence for Professionals
- 96. Mindfulness and Mental Resilience at Work
- 97. Adaptability and Growth Mindset Training
- 98. Emotional Agility and Self-Awareness
- 99. Building a Personal Brand at Work
- 100. Career Development and Self-Leadership

#### Digital Marketing & Social Media

- 101. Introduction to Digital Marketing
- 102. Social Media Management for Businesses
- 103. Content Marketing Strategy
- 104. Search Engine Optimization (SEO) Basics
- 105. Social Media Advertising (Facebook, Instagram, LinkedIn)
- 106. Email Marketing Campaigns and Automation
- 107. Google Ads & Pay-Per-Click (PPC) Fundamentals
- 108. Marketing Analytics and Data Tracking
- 109. Influencer Marketing Strategy
- 110. Creating Digital Content with Canva & Al Tools

#### **Customer Service & Customer Experience**

- 111. Customer Service Excellence
- 112. Handling Difficult Customers Professionally
- 113. Building a Customer-Centric Culture
- 114. Complaint Handling and Service Recovery
- 115. Telephone and Call Center Etiquette
- 116. Measuring and Improving Customer Satisfaction
- 117. Service Quality and First Impression Management
- 118. Active Listening and Emotional Intelligence in Service
- 119. Upselling and Cross-Selling Techniques
- 120. Writing Effective Customer Service Emails

#### Front Office Operations and Reception Management

- 122. Administrative and Clerical Skills Training
- 123. Professional Telephone Handling Skills
- 124. Appointment Scheduling and Calendar Management
- 125. Office Etiquette and Professionalism
- 126. Effective Office Communication
- 127. Handling Confidential and Sensitive Information
- 128. Visitor and Guest Handling Procedures
- 129. Document and Mail Management
- 130. Multi-tasking and Time Efficiency at the Front Desk.

#### Records & Information Management

- 131. Introduction to Records Management
- 132. Document Control and Archiving
- 133. Electronic Records and Data Management Systems
- 134. Developing Filing Systems and Retention Schedules
- 135. Regulatory Compliance in Records Handling
- 136. Information Security and Privacy Policies
- 137. Records Lifecycle Management
- 138. Disaster Recovery Planning for Records
- 139. Digitization and Electronic Document Management
- 140. Managing Public vs Confidential Records.

#### Hospitality & Guest House Management

- 141. Guest House Operations and Management
- 142. Hospitality Management Principles
- 143. Housekeeping Standards and Practices
- 144. Food & Beverage Service Essentials
- 145. Reservation and Booking Management Systems
- 146. Managing Staff in Guest Houses & Lodges
- 147. Customer Care in the Hospitality Industry
- 148. Hospitality Health and Safety Regulations
- 149. Front Office Hospitality Software Training
- 150. Hospitality Etiquette and Guest Interaction

#### Facility Management

- 151. Introduction to Facility Management
- 152. Space Planning and Office Utilization
- 153. Maintenance Planning and Asset Management
- 154. Cleaning and Sanitation Management
- 155. Vendor and Contractor Management
- 156. Energy Efficiency in Facility Operations
- 157. Security and Access Control Systems
- 158. Fire Safety and Emergency Preparedness in Facilities
- 159. Sustainability in Facility Management
- 160. Health, Safety & Environmental Compliance for Facilities